

Hate-Motivated Behavior Checklist (HMBC)

Section I: Behaviors

Instructions: Please tell us how whether (i.e. no or yes) you have engaged in the following actions (in your lifetime) toward or about another person *based on knowing or believing you knew his or her demographic characteristics* (i.e., race, ethnicity, gender, sexual orientation, religion, disability, or national origin). That is, we are interested in the extent to which you have engaged in these behaviors because of the target person's race, ethnicity, gender, sexual orientation, religion, disability, etc. Check either yes or no for each item.

	NO	YES
1. Used slurs or belittling name calling	<input type="checkbox"/>	<input type="checkbox"/>
2. Told jokes	<input type="checkbox"/>	<input type="checkbox"/>
3. Made a verbal threat	<input type="checkbox"/>	<input type="checkbox"/>
4. Followed the person	<input type="checkbox"/>	<input type="checkbox"/>
5. Sent repeated, unwanted emails	<input type="checkbox"/>	<input type="checkbox"/>
6. Sent repeated, unwanted text messages	<input type="checkbox"/>	<input type="checkbox"/>
7. Made repeated, unwanted phone calls/voice messages	<input type="checkbox"/>	<input type="checkbox"/>
8. Spit at a person	<input type="checkbox"/>	<input type="checkbox"/>
9. Yelled insults (other than slurs or belittling name calling)	<input type="checkbox"/>	<input type="checkbox"/>
10. Threw objects at a person	<input type="checkbox"/>	<input type="checkbox"/>
11. Damaged property (e.g., technology, mailbox, home)	<input type="checkbox"/>	<input type="checkbox"/>
12. Hit/punched a person	<input type="checkbox"/>	<input type="checkbox"/>
13. Pushed/shoved a person	<input type="checkbox"/>	<input type="checkbox"/>
14. Hit a person with an object (e.g., bat, stick)	<input type="checkbox"/>	<input type="checkbox"/>
15. Physically fought a person (e.g., prolonged encounter using fists, slapping, kicking, tripping)	<input type="checkbox"/>	<input type="checkbox"/>
16. Attempted to physically fight a person	<input type="checkbox"/>	<input type="checkbox"/>
17. Engaged in unwanted sexual contact (e.g., touching, grinding)	<input type="checkbox"/>	<input type="checkbox"/>
18. Forced sex	<input type="checkbox"/>	<input type="checkbox"/>
19. Attempted forced sex	<input type="checkbox"/>	<input type="checkbox"/>
21. Wrote graffiti	<input type="checkbox"/>	<input type="checkbox"/>
22. Stared or scowled at a person	<input type="checkbox"/>	<input type="checkbox"/>
23. Engaged in negative talk (e.g., rumors, gossip, defaming)	<input type="checkbox"/>	<input type="checkbox"/>
24. Made hostile posts on another person's social media page (e.g., Facebook, Twitter)	<input type="checkbox"/>	<input type="checkbox"/>
25. Forced a person to behave a certain way (i.e., bullying)	<input type="checkbox"/>	<input type="checkbox"/>
26. Avoided interpersonal contact with a person	<input type="checkbox"/>	<input type="checkbox"/>
27. Other actions (please list all other behaviors you have engaged in to any extent):		

Section II: Person characteristics

Instructions: Using the scale below, please tell us the extent to which you engaged in the actions described in section I because of how you perceived the person's...

0 = Never 1 = Once or twice 2 = Occasionally 3 = Frequently 4 = Constantly

- ___ 1. Race (e.g., Black/African American, Asian/Pacific Islander, Native American, White)
- ___ 2. Ethnicity (e.g., Hispanic/Latino/a, White/non-Hispanic)
- ___ 3. Gender identity (e.g., transgender, androgynous)
- ___ 4. Sexual orientation (e.g., gay, lesbian, bisexual, straight, queer, questioning)
- ___ 5. Religion (e.g., Jewish, Muslim, Catholic, Protestant, Atheist)
- ___ 6. Disability (e.g., hearing disability, visual disability, intellectual disability, mental health diagnosis)
- ___ 7. National origin (e.g., immigrant or descendant of immigrant to US from Latin, Asian, Middle Eastern or other country of origin)
- ___ 8. Sex (e.g., male, female, intersex)
- ___ 9. Age (e.g., elderly, youth)
- ___ 10. Political affiliation (e.g., Democrat, Republican)
- ___ 11. Physical appearance (e.g., height, weight, physical appearance)
- ___ 12. Other: What other personal characteristics of the person motivated your actions? (please list all)

Section III: What was your motivation?

Instructions: Using the scale below, please tell us the extent to which you engaged in the actions described in section I because...

0 = Never 1 = Once or twice 2 = Occasionally 3 = Frequently 4 = Constantly

- ___ 1. You were bored.
- ___ 2. You wanted excitement.
- ___ 3. You wanted a thrill.
- ___ 4. The person(s) were intruding on you.
- ___ 5. The person threatened you.
- ___ 6. Of the person's personal characteristic(s) only (e.g., race, ethnicity, etc.)
- ___ 7. You want to eliminate the world of the person's group of people.
- ___ 8. The person and their group are taking away our resources (e.g., money, jobs, food).
- ___ 9. You were feeling impulsive.
- ___ 10. Others in my group were doing it.
- ___ 11. I was protecting my neighborhood from people like them.
- ___ 12. You wanted to be in the news.
- ___ 13. You wanted to support a public figure who opposes this group.
- ___ 14. You wanted revenge because someone else from the person's group did something negative.
- ___ 15. Other: What else motivated your actions from section I? (please list all):
